

# sunday

✦ COFFEE & KITCHEN ✦

ALL OF OUR DRINKS ARE MADE WITH OAT MILK AS STANDARD (GLUTEN). BUT DRINKS CAN BE MADE GLUTEN FREE! WE DO NOT USE ANY DAIRY IN OUR FACILITY. PLEASE NOTIFY A STAFF MEMBER OF INTOLERANCES AND ALLERGIES PRIOR TO ORDERING AND WE CAN HELP!

## Coffee

|  |       |
|--|-------|
| ESPRESSO                                 | £3    |
| AMERICANO (AVAILABLE ICED)               | £3.50 |
| LATTE (AVAILABLE ICED)                   | £3.90 |
| CAPPUCCINO                               | £3.90 |
| MOCHA                                    | £4.50 |
| FLAT WHITE                               | £3.60 |
| BIS-COFFEE (BISCOFF LATTE, ICED OR HOT?) | £4.50 |
| TRADITIONAL CHAI (AVAILABLE ICED)        | £4.00 |
| PLAIN JANE HOT CHOCOLATE                 | £4.50 |
| PROPER HOT CHOCOLATE                     | £5    |

### SYRUPS AVAILABLE +50P

Vanilla, Hazelnut, Pistachio, Caramel, Toffee Nut, Honeycomb, Rose, Lavender, Pumpkin Spice, Maple Spice, Cinnamon, White Chocolate.

### MILKS AVAILABLE

Oat (Gluten) , Almond (Nuts), Coconut

## Hot chocolate specials £5.50

### SMORES HOT CHOCOLATE

AVAILABLE WHITE OR REGULAR

OUR THICK BELGIAN HOT CHOCOLATE TOPPED WITH CREAM, A BIG TOASTY MARSHMALLOW, BISCUIT PIECES & NUTELLA

### HONEYCOMB HOT CHOCOLATE

AVAILABLE WHITE OR REGULAR

OUR THICK BELGIAN HOT CHOCOLATE WITH HONEYCOMB, TOPPED WITH CREAM, HONEYCOMB PIECES & A TOASTY MARSHMALLOW

### CINNAMON BUN HOT CHOCOLATE

AVAILABLE WHITE OR REGULAR

OUR THICK BELGIAN HOT CHOCOLATE WITH CINNAMON & VANILLA, TOPPED WITH CREAM, CINNAMON SUGAR & A LIL LEAF

### BISCOFF HOT CHOCOLATE

AVAILABLE WHITE OR REGULAR

OUR THICK BELGIAN HOT CHOCOLATE WITH BISCOFF, WITH A BISCOFF RIM, TOPPED WITH A TOASTY MARSHMALLOW AND A BISCOFF BISCUIT

## Matcha

We use ceremonial grade matcha (the best stuff) so if you haven't tried matcha, we totally recommend to give it a go!

### MATCHA LATTE

Our basic bitch matcha latte.  
Iced or hot? All syrups available to add.

£5.00

### COCONUT VANILLA MATCHA

Perfect for a starter matcha lover.  
Iced or hot?

£5.50

### PISTACHIO MATCHA

Pistachio lovers unite.  
Iced or hot?(nuts)

£5.50

### CINNAMON BUN MATCHA

Cinnamon & vanilla matcha topped with vanilla cold foam & cinnamon sugar.  
(available hot without cold foam)

£5.50

### BAKEWELL MATCHA

Almond milk, maple syrup & raspberry pieces.  
Iced or hot? (nuts)

£5.50

### RASPBERRY WHITE CHOCOLATE MATCHA

White chocolate matcha topped raspberry peices and raspberry cold foam .  
Available hot without cold foam.

£5.50

### ICED PUMPKIN CHAI MATCHA

Chai spiced matcha with a pumpkin cream cold foam & cinnamon sugar.

£5.50

### ICED BASIC BITCH MATCHA

Pick from which iced matcha you'd love!  
Served with oat milk as standard.

£5.50

-Strawberry

-Blueberry

-Cherry

*add an extra shot of matcha £1*

## Smoothies £5.50

### PARADISE

Mango, pineapple, passionfruit, banana

### SUNSHINE

Strawberries, orange, mango, banana

### GREEN GODDESS

Pineapple, mango, passionfruit, banana, greens

### OCEAN AVENUE

Pineapple, coconut, blue spirulina, banana

### PINK POWER

Pineapple, lime, banana, dragonfruit

Tastes like refreshers!

### STRAWBERRY GLAZE

Strawberry, banana, raspberry, oat milk, coconut cream.  
(gluten)

### CINNAMON BUN

Banana, cinnamon, vanilla & oat milk (gluten)

### ADD ONS:

Protein (unflavoured) +£1

Sea moss

## Pancakes

### PANCAKE SPECIAL (STACKS OF 3)

Choose:

- Buckwheat (GF & high protein) - **£11**
- Regular (Gluten) - **£10**

### CARAMEL & BANANA

Chocolate chip pancakes topped with homemade caramel & banana. (Gluten, GF available)

### BREAKFAST AT SUNDAYS

Pancakes topped with blueberries, strawberries, banana , granola & maple syrup & icing sugar (Gluten, nuts, GF available)

### BISCOFF

Pancakes topped with biscoff, biscoff crumb & biscoff biscuits (Gluten)

### STRAWBERRIES & CHOCOLATE

Stack of pancakes topped with our house made chocolate sauce & strawberries (Gluten, GF available)

### STICKY TOFFEE PANCAKES

Sticky toffee pancakes, with toffee sauce. Pouring cream or Ice cream? (Gluten)

### APPLE CRUMBLE PANCAKES

Stack of pancakes, topped with apple compote, crumble, custard & icing sugar. (Gluten) Add maple syrup? (£1)

### CINNAMON ROLL PANCAKES

Cinnamon & vanilla pancakes topped with a whipped cinnamon butter & cinnamon sugar. (gluten)

### MAPLE PECAN PANCAKES

Pecan pancakes topped with maple syrup, candied pecans and whipped cinnamon butter. gluten, nuts, GF available)

### BUILD YOUR OWN PANCAKES

Choose:

- Buckwheat (GF & high protein) - £11
- Regular (gluten) - £10

#### TOPPINGS (choose 2)

- Strawberries
- Frozen raspberries
- Blueberries
- Pineapple
- Passionfruit
- Mango
- Bananas

#### ADD ONS (choose 1)

- Peanut butter (Nuts)
- Maple syrup
- Golden syrup
- Biscoff (Gluten)
- Nutella (Nuts) +£1
- Caramel
- Milk chocolate sauce
- Yoghurt
- Vanilla ice cream +£2

Extra sauces +£1 | Extra toppings +£1| Add whipped cream +£1

## Acai bowls £12

### BUILD YOUR OWN BOWL

Our house made thick smoothie base packed with nutrients & antioxidants to give you a boost - no added fillers or sugars. Choose your base and toppings and add on! All served with granola and agave syrup as standard. (Nuts, GF available)

#### PICK A BASE

- Acai (ass-sigh-ee)
- Ask for today's special

#### TOPPINGS (choose 3)

- Strawberries
- Frozen raspberries
- Blueberries
- Pineapple
- Passionfruit
- Mango
- Banana

#### ADD ONS (choose 1)

- Peanut butter (nuts)
- Almond butter (nuts) +£1
- Pistachio butter (nuts)+£1
- Nutella (nuts) +£1
- Biscoff
- Toasted coconut
- Goji berries
- Chia seeds
- Agave syrup
- Maple syrup
- Cacao nibs

## Sourdough toasts

Locally baked sourdough from Finns Bakery topped with our vegan friendly house made fresh toppings

### AVOCADO SMASH

Toasted sourdough topped with smashed avo, Dukkah, pea shoots & pumpkin seeds (Nuts, gluten)

#### Pimp it up...add any of these tasty toppings

- Tajin
- Everything bagel seasoning (Nuts)
- Hot sauce
- Sundried tomatoes + £1
- Fresh tomatoes + £1
- Kimchi +£1.50

£8

### PESTO CREAM CHEESE

Homemade garlic cashew cream cheese topped with sundried tomatoes, roasted red peppers, sliced avo, pesto & pea shoots. (Gluten, nuts)

£8.50

### CORONATION CHICKPEA

Homemade Coronation chickpea, mint raita & mango chutney topped with pea shoots & sunflower seeds (Gluten)

£8.50

### NUTTY TOAST

choice of

- pecan nutty toast-banana, candied pecans and peanut butter (Nuts, gluten)
- or cinnamon apple toast- almond butter, sliced cinnamon apple and candied pecans (Nuts gluten)

£8

### SOUP OF THE DAY

House made soup with toasted sourdough, butter & maldon salt. (Gluten, can be GF without bread)

£8.50

### POSH BEANS ON TOAST

House made harrissa spiced beans, balsamic glaze & rocket topped with harrissa oil & avocado (Gluten)

£9

## Loaded oats £8

OATS BUT LOAD EM' UP! Slow cooked oat bowls made with oat milk - topped with fresh fruit & your favourite toppings.

### CHAI SPICED

Oats spiced with cinnamon, cloves, star anise & nutmeg topped with cinnamon apples, banana & candied walnuts.(Gluten, nuts)

### BISCOFF

Biscoff, banana & strawberries topped with maple syrup on our creamy porridge base (Gluten)

### BERRY BLISS

Blackberries, frozen raspberries, banana and peanut butter (or choose almond butter instead +£1) (Gluten, nuts)

### PISTACHIO & RASPBERRY

Pistachio butter, frozen tangy raspberries, strawberries & banana. (+£1) (Gluten, nuts)

### HAZELNUT PRALINE

Hazelnut praline, banana, hazlenut pieces & wafer (+£1) (gluten, nuts)